

# Review of: "Student's Well-being and Academic Performance"

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**Potential competing interests:** No potential competing interests to declare.

Thank you for sharing your research on this important topic.

The introduction should be expanded to frame the problem and to help the reader understand why MBSR would impact student performance.

The methods should be changed to past tense since the study has been completed. Additional details should be added to explain how the program was implemented. It is unclear why the control group participated in focus groups since all of the questions are related to the MBSR intervention.

The sample population has not been described. In the methods you say that you are assessing the impact of the intervention, but the results are only descriptive results from the questionnaire. There are no statistical analyses to assess changes in performance pre to post test, or to assess differences in performance between the intervention and control groups. Qualitative results for the control group do not need to be included since the focus group questions were all related to the MBSR intervention.

There should be additional discussion about the implications of the results as well as any limitations of the study.