

Review of: "Mealtime Hydration's Impact on Digestion"

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Potential competing interests: No potential competing interests to declare.

The author has meticulously examined both ancient literature and recent articles pertinent to the subject matter. Through this comprehensive review, the author has effectively highlighted the scarcity of research in this domain, underscoring the novelty and significance of her investigation. Notably, in the revised version, the inclusion of the research strategy section is commendable, as it provides clarity on the methodological approach employed in the study. This addition enhances the manuscript's rigor and strengthens its scholarly foundation. Overall, the manuscript exhibits a rigorous scholarly approach and contributes significantly to the field.