

Review of: "Student's Well-being and Academic Performance"

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Potential competing interests: No potential competing interests to declare.

General considerations: This is a very current and important topic for research. Abstract 3rd sentence- change tense- study has been complete, change to "The study employed...". Look throughout paper to make sure tense is cohesive. The abstract reads more like an introduction.

Purpose/problem: The purpose of the experiment is made clear in the introduction. I do think there should be some current literature to back up the research problem. The purpose becomes less clear at the discussion of the findings.

Organization: The paper follows an appropriate flow of content yet does not illustrate a higher-level writing format. More discussion is needed of findings instead of bullet points. As far as overall cohesiveness of the content, the beginning of the paper placed more emphasis on the effects on anxiety, stress, and overall well-being, while the results focused more on the GPA of a single semester (academic performance). This made the article hard to follow and unclear of the point.

Experimentation:

- I appreciate the randomization of the participants and discussion of this process.
- The readers need to understand details of the intervention
- I do not understand the use of the tools as it does not seem that the author used them in their entirety. The same questions should have been asked in the before, mid-way, and after questionnaires to compare. Tools are only as good for validity and reliability if used as intended.
- How is bias avoided?
- According to the information given in the article, I would not be able to reproduce this study.

Evaluation Methods/ Data: The only quantitative data discussed is the difference in the GPA, yet the hypothesis was to determine the intervention's effect on psychology, stress, anxiety, overall well-being, AND academic performance. Therefore, there should be comparison of statistical before and after for all. The author discussed a "positive impact on stress levels, self-confidence, and overall well-being", yet there is no statistical information in support of this. What test was used to determine the impact? Make it obvious in the abstract and intro that this is a mixed quantitative/ qualitative study.

