

Review of: "I is Another"

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Potential competing interests: No potential competing interests to declare.

Review

What an amazing rendition of I and other. The author has written this article from both poetic and psychological language. The quotes were apt by a variety of writers expressing the many languages of the others from physical, sexual and psychological perspectives. The article drew this reader on and on and the ending left one wanting more. The author might think to expand this to a book with a similar format and style.

The many forms of I challenge the reader to be open to themselves, their clients, and the process of therapy itself to express the varieties of being a person. Many people cannot imagine all these aspects of being a person yet it is equally relieving to many others and brings with it freedom to fully be the person one is.

I was pleased to review this excellent article.