

Peer Review

Review of: "Zad's 4- Dimensional Model of the Self: An Integrative Conceptualization"

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This is an interesting and thoughtful short paper that describes a 4-dimensional model (thoughts, feelings, behaviour, biology) and an overarching "metaconscious/evaluative" self. I think a fuller exegesis of the model would help, with an account of how this theoretical model can be applied in clinical assessment and treatment. In particular:

1. How does culture impact on this, what is its role? Does it only impact on the metaconscious level? What about thoughts, feelings, behaviour, and biology?
2. How would/can your model be applied to so-called personality disorders? To those PDs with predominantly externalizing (ego-syntonic and free of subjective distress, e.g., grandiose narcissism) or internalizing, e.g., borderline, features? Can you include a patient with PD as a clinical vignette?
3. Who or what is "Zad"?
4. How does your account of feelings address "regulation gaps in earlier models"?
5. Can you be more explicit about how your model improves on current psychiatric nosologies (DSM-5 and ICD-11) and their deficiencies? What are the deficiencies, and how are these deficiencies addressed in your model?

Declarations

Potential competing interests: No potential competing interests to declare.