

# Review of: "Picture collage: A pedagogical reflective practice tool for nursing students in mental health practice"

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**Potential competing interests:** No potential competing interests to declare.

I must congratulate authors for putting forth a wonderful narrative. The whole idea of collage-based creative learning & self-reflection, including of one's own psychological wellbeing is really excellent. The language of the paper & description are worth appreciating. I would like to thank the editors Qeios for giving me this opportunity to review this paper and provide my feedback on it. Hereby providing a few comments on the manuscript.

-concerning stigma- This paper provides latest research on stigma and a comprehensive stigma related terminologies- Thornicroft G, Sunkel C, Aliev AA, Baker S, Brohan E, Chammay R el, et al. The Lancet Commission on ending stigma and discrimination in mental health. The Lancet. 2022 Oct 22;400(10361):1438–80.

- Islam in Arabic means submission and as such the external locus of control which exemplifies the central tenet of submission to the will of God. There are also literature suggesting in Islamic countries influence of Jinn as a cause of mental health problems-results in stigma and poor treatment seeking.

-Adapting psychoanalytic approaches to incorporating Islamic values and beliefs can be beneficial in psychiatric practice (Sabry and Vohra 2013)-this statement needs more elaboration

-The upscaling of primary care staff knowledge and skills in

mental health is currently underway---what about integrating mental health services in general health system?

-and including older students--this part needs to better gel with the sentence. considering re-writing this sentence.

-pn-4: apprehension, and anxiety---aren't they synonymous?

-pn-4: 12 days of mental health clinical practice--which kinds of clinical exposure students get during the posting in the mental health speciality?

-pn-6: exercise to tune into one's true feelings has been described as 'opening a dialogue to what is encountered and oneself' (Bresler 2018, p 654) which enables a connection between the inner and the outer world---consider splitting this sentence---The in between text-citation also acting as a interrupter.

-pn-8, image 3: please check the grammar here-an appositive lens

-pn-10, image 7: Did students also reveal what they mean to convey through these collages?The personal account was



independent to the collage or was related to collage?

Regards, Reviewer