

Review of: "Providing Medical Assistance in East Africa: A Life-Changing Experience."

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Potential competing interests: No potential competing interests to declare.

This is a very interesting article and I am not sure where to start.

I did most of my clinical training in the North-East of England and I have been based in Sudan for the last 17 years. I could imagine the difficulties and challenges you faced during your time in East Africa.

I think all of us especially the clinicians and educators who are based in low-income countries should learn from your experience.

You managed to overcome the challenges with persistence, planning, and making the best use of the available resources and your biggest achievement was to have a sustainable program despite all the challenges.

Africa is facing many challenges relating to the health system, the major challenges include weak public health leadership and management, low investments, inefficient resources use, shortage of health staff, and the lack of support to the poorer sector of the community^{1 2}.

All over Africa, there is a growing belief that Non-Communicable diseases (NCDs) are becoming a major public health issue³

With the lack of resources globally the partnership models between charity organisations and academic institutions in Low-income countries could be the way forward in providing good standard services to the communities and clinical training to the staff. Such effort success will depend on highly committed and motivated health professionals who are willing to sacrifice their time and efforts for this good cause.

Congratulations and well done

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