

[Open Peer Review on Qeios](#)

Nonalcoholic fatty liver disease (NAFLD)

National Diabetes Information Clearinghouse (NDIC)

Definitions

Fat

Defined by National Diabetes Information Clearinghouse (NDIC)

Liver

Defined by National Diabetes Information Clearinghouse (NDIC)

Nonalcoholic steatohepatitis (NASH)

Defined by National Diabetes Information Clearinghouse (NDIC)

Chronic

Defined by National Diabetes Information Clearinghouse (NDIC)

Diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Insulin resistance

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

Fat in the **liver**. NAFLD can lead to **nonalcoholic steatohepatitis (NASH)** and **chronic** liver disease. NAFLD can be a complication of **insulin resistance** and **diabetes**.