

Review of: "Particular Sexual and Ambitious Attitude threatens the Global Societal Functioning and Individual Wellbeing"

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Potential competing interests: No potential competing interests to declare.

The article under review begins with a premise, that global mental well-being and quality of life is less than ideal. The authors argue that this can be objectively measured, citing evidence from reputable sources like the World Justice Project. In the light of such data, a significant number of societies around the world operate under authoritarian regimes.

The authors' attempt to explain this phenomenon. Drawing on the works of Jonathan Haidt and other neuroscientists, they delve into the psychological dichotomy between those with conservative attitudes and those with liberal-democratic orientations. The detailed discussion of five psychological traits – harm, fairness, authority, ingroup, and purity – is both insightful and educative. The interpretation of these traits and their link to political inclinations culminates in a hypothesis that could explain the tendency for authoritarian regimes to emerge.

The authors further extrapolate the implications of their hypothesis to social structures, articulating how authoritarian regimes typically perpetuate patriarchal societies. The exploration of the relationship between religion and societal norms is particularly enlightening. The deep dive into the link between religious views and the realm of sexuality and their role in maintaining patriarchal structures is essential for conclusions. The authors' assertion that citizens' freedoms are often inhibited both by oppressive regimes and a strict system of taboos is convincing.

Finally, the authors' proposition of an educational program to counteract the described social challenges is a step in the right direction. It reinforces the urgency of the problem and showcases a potential pathway to solutions. However, a more detailed plan would have strengthened this proposal.

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