

Open Peer Review on Qeios

BRAT Diet

National Cancer Institute

Source

National Cancer Institute. <u>BRAT Diet</u>. NCI Thesaurus. Code C125606.

A bland-food diet consisting of bananas, rice, applesauce, and toast. It may be recommended for recovery from an upset stomach or diarrhea.

Qeios ID: W5CT1D · https://doi.org/10.32388/W5CT1D