

Review of: "Impact of Emotional Intelligence on the Well-being of Teachers and Students"

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Potential competing interests: No potential competing interests to declare.

Abstract

The transition is from traditional face-to-face teaching to hybrid. Effect corrections.

What is responsible for the high prevalence of stress?

Introduction

What is the reason? Could it be due to the programs taught, the constraint of time management, or the ratio of teachers to students at the university? Be specific.

What is responsible for the high levels of stress among students? Is it due to the content of the programs offered, the learning environment at the tertiary level, peer pressure, or financial limitations?

What is responsible for this? Could it be the use of substances to ward off stress? Reports have documented high usage of substances by students due to academic pressure; this may be a factor to explore in the write-up.

Establish a baseline for stress. What type of stress are you targeting? Stress can be caused by different things; for example, teachers are not well motivated due to pay scale, and this can be stressing. Working in the university puts pressure on the teacher to improve skills, obtain a PhD, write a grant, and at the same time teach the students. The students, on the other hand, are not stressed in this regard. It would be better to limit the stress to something that affects both teacher and student the same way, for example, academic content, teacher to student ratio, etc.

Literature Review

Why? There is a reason why females perform better.

Why are females more emotionally inclined than their male counterparts? Could it be due to the neurobiology of the female brain? Build your statement with this in mind.

Methodology

How did you calculate this sample size? From what population?

What version of SPSS was used?

Analysis

What statistical package was used for this analysis?

No comparison among sexes? Male and female teachers and students?

This should be taken to the discussion segment. The results segment should display results only.

Implications

This does not sound like an implication. Moreover, this should be captured under a discussion segment.

Conclusion

Your conclusion is not well organized because you have not created a flow of discussion in the write-up. For example, you have not shown data comparing teachers in private and government schools. Which populations had a higher stress value? The working conditions in private and government establishments are not the same. For example, some private institutions have a poor salary package despite the high workload and limited flexibility, while in government establishments, the package may be better with some insurance benefits. The same is true with the fee structure for students, which may make the students stressed. What about the difference in sexes? You have not provided any details.