

Review of: "Experiencing B-Values on the Camino de Santiago: A Journey Toward Self-Actualization"

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Potential competing interests: No potential competing interests to declare.

The manuscript is very interesting, with valuable qualitative analysis of the Camino de Santiago pilgrimage on individuals. The description of the thoughts and perceptions of the people doing the Camino de Santiago is wonderful. I would say that the qualitative analysis is ok, but I can not differentiate how you include the quantitative data. You should describe in a more detail how you analyse these data in the methological framework, which is missing in the paper. It seems that you have only qualitative analysis, which can be also ok. Only taking qualitative data. Moreover, it would be great to develop a little more the theoretical framework, before you go to the description of results (quotes). In this sense, you have several authors that can contribute to Maslow, like Guidens, etc. Take that into consideration to improve your manuscript.