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Xylitol

National Diabetes Information Clearinghouse (NDIC)

Definitions

Sugar

Defined by National Diabetes Information Clearinghouse (NDIC)

Carbohydrate

Defined by National Diabetes Information Clearinghouse (NDIC)

Calorie

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A **carbohydrate**-based sweetener found in plants and used as a substitute for **sugar**; provides **calories**. Found in some mints and chewing gum.