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# Fasting blood glucose test

National Diabetes Information Clearinghouse (NDIC)

## Definitions

### Blood glucose level

Defined by National Diabetes Information Clearinghouse (NDIC)

### Diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

### Pre-diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

## Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A check of a person's **blood glucose level** after the person has not eaten for 8 to 12 hours—usually overnight. This test is used to diagnose **pre-diabetes** and **diabetes**; it is also used to see whether people with diabetes are keeping blood glucose levels on target.