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Reduce cue frequency BCTs

Behaviour Change Intervention Ontology (BCIO)

Source

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Definition: An alter external stimulus BCT in which cues for the behaviour are presented less frequently.

Comment: The reduction in frequency of cue presentation can be gradual or rapid. This BCT is concerned with reducing the frequency of cue presentation. In contrast, in "reduce exposure to cues for the behaviour BCT", the cue frequency may remain unchanged but the person's exposure to the presentation of the cue is reduced.

This definition was imported from the Behaviour Change Intervention Ontology (see <https://bciosearch.org/>). Comments and suggestions for improvements are welcome using the Qeios review system.

Definitions imported from the Behaviour Change Intervention Ontology (BCIO) are what are known as 'ontological definitions'. See this article in Qeios for an explanation <https://www.qeios.com/read/YGIF9B>.

Ontological definitions can sometimes be hard to read. In those cases we also include an informal definition.

Definitions also often require elaboration to make it clear how they should be used and what they include. In those cases we include a comment.

Also, definitions sometimes require an explanation as to how they came about to help users understand how they relate to alternative definitions. In those cases we include a curator note.