

Review of: "How Competent are Health Professionals in Delivering Nutrition Education? A Cross-Sectional Study in Ebonyi State, Nigeria"

Marta Talavera¹

¹ Universidad de Valencia

Potential competing interests: No potential competing interests to declare.

The work addresses an interesting and necessary topic such as foaming in the health of healthcare personnel. Determining first-hand their knowledge and shortcomings on the subject can help, not only in patient care, but also in improving the basic training of these professionals. Furthermore, at a methodological and technical level it is a quality work, with a correct statistical and analytical procedure, so its publication is recommended in addition to urging the authors to repeat this study among professionals who work in teaching centers, where it is Health training is also necessary, a priority and complementary to collaborate with health professionals in the training and care of citizens on issues that affect the entire population, such as following good nutritional guidelines.