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Hypoglycemia

National Diabetes Information Clearinghouse (NDIC)

Definitions

Blood glucose

Defined by National Diabetes Information Clearinghouse (NDIC)

mg/dL

Defined by National Diabetes Information Clearinghouse (NDIC)

Carbohydrate

Defined by National Diabetes Information Clearinghouse (NDIC)

Injection

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

Also called **low blood glucose**, a condition that occurs when one's **blood glucose** is lower than normal, usually below 70 **mg/dL**. Signs include hunger, nervousness, shakiness, perspiration, dizziness or light-headedness, sleepiness, and confusion. If left untreated, hypoglycemia may lead to unconsciousness. Hypoglycemia is treated by consuming a **carbohydrate**-rich food such as **glucose tablets** or juice. Hypoglycemia may also be treated with an **injection** of **glucagon** if the person is unconscious or unable to swallow. Also called an **insulin reaction**.