

# Review of: "Exploring the Significance and Medicinal Potential of Rubus fraxinifolius: A Review of Ragimot Wildberry"

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Potential competing interests: No potential competing interests to declare.

Thank you very much for giving me the chance to cooperate with your respected journal in reviewing this interesting work. The manuscript deals with the **"Exploring the Significance and Medicinal Potential of Rubus fraxinifolius: A Review of Ragimot Wildberry."** This review could thus pave the way for multiple beneficial outcomes that extend beyond the realms of science and into public health, conservation, and economic areas, making a significant contribution to various sectors.

## There are several potential impacts of this study.

The study could have several significant impacts across different fields, including pharmacology, traditional medicine, nutrition, and biodiversity conservation. Here are the potential impacts of this review:

### 1. Pharmacological Discoveries:

- **New Drug Development:** By isolating and identifying bioactive compounds in Rubus fraxinifolius, researchers might discover novel therapeutic agents that could be developed into drugs to treat various diseases.
- **Enhanced Understanding of Mechanisms:** Understanding how the bioactive compounds in Ragimotwildberry interact with biological systems can lead to new insights into disease mechanisms and the development of more targeted therapies.

### 2. Traditional Medicine Validation:

- **Scientific Validation:** This review can provide scientific backing for the traditional uses of Ragimotwildberry, enhancing its credibility and potentially leading to greater acceptance and integration into mainstream medicine.
- **Documentation and Preservation:** By documenting the traditional medicinal uses of Rubus fraxinifolius, this study helps preserve indigenous knowledge and practices that might otherwise be lost.

### 3. Health and Nutrition:

- **Nutritional Profile:** The review might detail the nutritional content of Ragimotwildberry, highlighting its benefits as part of a healthy diet and possibly identifying it as a new superfood.
- **Dietary Supplements:** Based on the nutritional and medicinal properties identified, Ragimotwildberry could be

developed into dietary supplements to support health in various ways.

#### 4. Economic Development:

- **Agricultural and Commercial Potential:** Identifying and promoting the health benefits of *Rubus fraxinifolius* could lead to its cultivation on a larger scale, benefiting local economies, especially where the plant is native.
- **Market Expansion:** With increased interest in natural products and superfoods, *Rubus fraxinifolius* could find a lucrative market both locally and internationally.

#### 5. Conservation and Sustainability:

- **Biodiversity Conservation:** Highlighting the importance of *Rubus fraxinifolius* can help in the efforts to conserve this species and its habitat, particularly if it is found to be rare or endangered.
- **Sustainable Use:** Understanding the plant's value might lead to better practices in harvesting and cultivation that ensure sustainability and ecological balance.

#### 6. Educational and Research Opportunities:

- **Interdisciplinary Research:** This review can stimulate further interdisciplinary research involving botanists, pharmacologists, chemists, and nutritionists.
- **Educational Content:** The findings can be incorporated into academic curricula, particularly in fields related to botany, pharmacology, and environmental science.

#### 7. Policy and Regulatory Implications:

- **Regulatory Focus:** With proven medicinal and nutritional benefits, there might be a need for regulations to manage the harvesting, sale, and use of *Rubus fraxinifolius* to prevent exploitation and ensure public safety.
- **Health Policy:** Governments and health organizations might consider promoting *Rubus fraxinifolius* as part of public health initiatives focused on natural and preventative healthcare.

#### The weakpoints of this paper.

While the paper on the Ragimot berry (*Rubus fraxinifolius*) presents valuable information about its nutritional and medicinal properties and discusses ongoing domestication efforts, several potential weak points could affect the overall strength and credibility of the study:

1. **Lack of Empirical Data:** The paper broadly discusses the health benefits and properties of the Ragimot berry, such as anti-inflammatory, antioxidant, anti-tumor, and neuroprotective effects, but it may lack specific empirical data or detailed experimental results to substantiate these claims.
2. **Limited Scope of Study:** If the paper primarily focuses on the benefits without adequately addressing possible side effects, toxicity levels, or contraindications of the berry, the review might seem biased or incomplete. Understanding adverse effects is crucial for a balanced view on safety and efficacy.

3. **Cultivation and Domestication Challenges:** While the paper mentions efforts to domesticate Ragimot and optimize cultivation practices, it may not fully address the potential challenges or limitations associated with these efforts. These could include genetic diversity loss, impact on local ecosystems, or the practical difficulties in scaling up traditional cultivation methods.
4. **Generalization of Medicinal Properties:** The medicinal benefits attributed to Rubus species might be generalized without specific studies on Ragimot itself. It's essential to distinguish between the properties studied in related species and those verified in Ragimot to avoid overgeneralization.
5. **Economic and Ethical Considerations:** The paper discusses the potential economic benefits to local communities through the commercialization of Ragimot but may not delve into the ethical considerations or potential negative impacts of commercial exploitation on local ecosystems and traditional uses.
6. **Research Gaps and Future Directions:** Although it mentions the need for more research, the paper might not specify which critical areas of Ragimot's biology, ecology, or pharmacology require further investigation. Identifying specific research gaps would strengthen the call for further studies.
7. **Comparative Analysis:** The paper might lack a comparative analysis with other similar berries or medicinal plants. Such comparisons could provide a clearer understanding of Ragimot's unique position or advantages in nutritional and medicinal contexts.
8. **Details on Antioxidant and Other Activities:** The discussion of antioxidant and anti-acetylcholinesterase activities may not include detailed mechanisms or compare the potency of Ragimot with other known agents. Detailed mechanistic insights and comparative effectiveness are crucial for scientific validation.

Addressing these potential weak points in future updates or subsequent research could provide a more comprehensive and balanced view of Ragimot's potential benefits and challenges, enhancing the scientific and practical value of the work.

My final decision was accepted after a major revision.