

Review of: "The HERMESS model for addictive behaviors recovery"

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Potential competing interests: No potential competing interests to declare.

The article makes an important contribution to the field, given that addiction treatment can often focus on the pharmacological and psychological. However, complex issues such as addiction require complex solutions. Clinicians in the field know that individuals with the best outcomes are those with multidisciplinary treatment teams and treatment that addresses all areas of life. While helpful in theory, there are some obvious barriers to the implementation of a model like this; limited financial resources for consumers, shortages of treatment staff, insurance barriers, etc.

I found it helpful that the author reviewed alternative models that informed HERMESS. It may be important to clarify what distinguishes HERMESS from these other models, given that there is significant overlap.

My other concern is that the important messages in this article will not be understood by the reader due to some minor grammatical issues, awkward phrasing, and vague wording. Generalizations such as "it's also necessary to create specific actions for several collectives, as develop evaluation systems to validate efficiency and adequacy of recovery oriented programs" is difficult to understand and I'm not sure that any specific point is coming across.