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Micronutrient-Fortified Probiotic Yogurt

National Cancer Institute

Source

National Cancer Institute. *Micronutrient-Fortified Probiotic Yogurt*. NCI Thesaurus. Code C70677.

An micronutrient-fortified fermented dairy product with potential positive immunomodulatory activity. Micronutrient-fortified probiotic yogurt contains various micronutrients in addition to beneficial microorganisms, such as strains of *Lactobacillus*. Probiotic *Lactobacillus* strains have been shown to protect against gastrointestinal and urogenital infections, to moderate diarrheal episodes, and to increase CD4 T-lymphocyte counts. In immunocompromised subjects, micronutrient supplementation may also increase CD4 T-lymphocyte counts.