

# Review of: "Impact of Men's Labour Migration on Non-migrating Spouses' Health: A Systematic Review"

Zhaoxue Ci

**Potential competing interests:** No potential competing interests to declare.

This systematic review addresses an important yet potentially understudied topic: the impact of husbands' migration on the wellbeing of wives left behind in low- and middle-income countries (LMICs). This paper sheds light on broader fields of labor migration and the development of LMICs. Here are some comments that may enrich the discussion:

(1) Tracking the reasons behind husbands' migration is a valuable aspect to consider in understanding the impact on left-behind wives. The underlying motivations, such as pursuing higher education or seeking employment opportunities, can significantly influence the expectations and experiences of the wives. These varying expectations may, in turn, contribute to differences in mental health outcomes and health behaviors among the left-behind women.

(2) The authors have highlighted that the financial situation is a key factor that influences the wellbeing of women. Therefore, it would be valuable to investigate whether husbands' migration leads to an improvement in the family's financial situation, as well as the regularity of remittance transfers.

(3) Considering the potential variations in mental health, physical health, and healthcare consumption across different age groups, it would be beneficial for the authors to explore and compare the findings from the literature based on age.