

# Review of: "Investigating Quality of Life in Mental Health Professionals and the Role of Social Support and Spiritual Needs: A Cross-Sectional Study in Greece"

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Potential competing interests: No potential competing interests to declare.

The manuscript explores the quality of life among mental health professionals in Greece, with a particular focus on the influence of social support and spiritual needs. The study employs a cross-sectional design, utilizing standardized questionnaires to gather data from a significant sample size. The findings highlight the critical role of social support and spiritual well-being in enhancing the quality of life for these professionals, providing valuable insights for both practice and policy.

## Strengths:

**Significant Contribution:** The research addresses a critical issue in the mental health field, offering novel insights into the factors that impact the well-being of mental health professionals. This study is particularly valuable given the current global focus on mental health.

**Methodological Rigor:** The study uses a well-designed cross-sectional approach, incorporating validated instruments like the WHOQOL-BREF and the Multidimensional Scale of Perceived Social Support (MSPSS). The sample size is adequate, and the statistical analyses are appropriately applied, leading to reliable and generalizable findings.

**Clear and Coherent Presentation:** The manuscript is well-structured, with each section clearly articulated. The research questions are well-defined, and the results are presented in a manner that is easy to follow, with relevant tables and figures supporting the narrative.

**Practical Implications:** The study's conclusions offer important implications for the development of interventions aimed at improving the quality of life for mental health professionals. This makes the manuscript not only academically robust but also practically relevant.

**This manuscript is of high merit, making a substantial contribution to the field of mental health. It offers valuable insights into the well-being of mental health professionals, emphasizing the importance of social support and spiritual needs. The methodological rigor, coupled with the practical implications of the findings, makes it a strong candidate for publication.**

