

Review of: "The Traumas of Displacement and Not Belonging"

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This article is a very interesting reflection on clinical observations, in which the author attempts to explore the intrusions of traumatic events (culturally and psychologically) that lead to the fragmentation of the inner core self of the individual. These fragmented experiences bring about the experience of self-alienation, unreality, other, and the feeling of emptiness that cannot be represented by the individuals. The author hope that clinicians will focus on these areas and help patients notice these experiences in order to help them mourn and integrate these experiences in order to bring about therapeutic change. This article there are some details need to be further clarified.

"The psyche communicates the unconscious experiences with the possibility of being interrupted through individual and collective acts of consciousness." This sentence needs to be further expanded and explained so that it can be better understood.

After reading the full text, I found that the explanations of the second and third cases were clear, and the author kept dialogue between clinical materials and theories. But for the first clinical case, the theoretical discussion part of "Excluded in the USA" is difficult for the reader to relate to the clinical materials. From "The exclusion stirs longing as without sufficient..... Class-related anxieties are made up of the deepest most shame sensitive vulnerabilities regarding belonging, wanting, and worries about being found lacking ". It could be very helpful for reader to digest this part if the author could keep dialogue between the theory and clinical materials in this part.

"The more extreme traumatically engendered condition is that in which any capacity to represent self-experience is ruptured: a state of paralysis in which even the blank impress is lost within a void". This sentence needs further explanation and expansion, otherwise the reader will not be able to relate this sentence to the clinical material and the content stated below.

"He said he does not fit in the system, be it the general culture, his heritage as interpreted by his father, the gangs or other family members. Low self-esteem has been the result, creating anxiety and depression." What exactly does this heritage mean for him? Is it the rich connotation of Persian culture as mentioned in the following case? However, what it means in this case needs further clarification by the author.

"especially separation anxiety, bring out the involuntary memory pieces and other compelling feelings to give structure for healing." This sentence requires further elaboration and interpretation, and it is not easy to understand the meaning of "give structure".

