

Review of: "Search for Meaning in the Professional Projects of Seniors at the End of Their Careers: an Interpretative Phenomenological Study"

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Potential competing interests: No potential competing interests to declare.

Your article offers a comprehensive and insightful exploration of the search for meaning in life and work among senior citizens. Here are some suggestions for improvement and feedback:

- 1. The use of Interpretative Phenomenological Analysis (IPA) is well-suited for this type of study. However, consider providing more details on the participant selection process. How were participants recruited, and what criteria were used for inclusion? This information would strengthen the methodological rigor of your study.
- 2. **Diversity of Participants**: The study appears to focus on individuals with a background in psychology. Expanding the participant pool to include a wider range of professions and life experiences could provide a more comprehensive understanding of the themes you're exploring.
- 3. The themes identified are relevant and intriguing. It might be beneficial to delve deeper into how these themes interconnect or influence each other. Additionally, including direct quotes from participants could enhance the authenticity and relatability of your findings.
- 4. As all research methods have limitations, acknowledging and addressing potential biases in your approach would enhance the credibility of your study. For instance, discussing how the researchers' backgrounds and perspectives might influence the interpretation of data would be insightful.
- Given the qualitative nature of your study, it's important to discuss the extent to which your findings can be generalized. Acknowledging the limits of generalization, given the specific demographic and geographical context of your study, would be prudent.
- 6. While the study offers valuable insights for employers and society, expanding on specific recommendations or strategies that can be implemented to support senior workers in finding meaning in their work would be beneficial.
- 7. Suggesting areas for future research, such as examining these themes across different cultures or within different occupational sectors, can provide direction for further exploration in this field.
- 8. Integrating your findings with existing literature on aging, work meaning, and career development could provide a more comprehensive understanding of your study's contribution to the field.
- 9. Ensure that the abstract and discussion sections are clear, concise, and effectively summarize the key findings and implications of the study.
- 10. Discussing the limitations of your study, such as the small sample size or the specific socio-cultural context, would



provide a more balanced view of your research findings.