

Review of: "Public Speaking Training Plan for Mitigating Oral Communication Apprehension"

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Overall, the article provides a comprehensive approach to reducing communication apprehension and improving students' public speaking skills through a structured and experiential learning-based training plan. It also highlights the importance of creating a supportive and inclusive learning environment to foster confidence and skill development. The training plan draws from Toastmasters International's Competent Communication Manual and can be adapted to different learning contexts and styles. Future research could investigate the long-term impact and adaptability of the training plan in various educational settings. This is indeed a well written paper. Kudos to the authors.