

# Review of: "The Centrality of Sexual Abstinence in the Buddha's Teachings"

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Potential competing interests: No potential competing interests to declare.

You should clearly summarize the points according to the objectives, for example, how many levels of Tanhā (passion) are there, beginner, intermediate, advanced?

elementary Tanhā passion There is a way to resolve with precepts, middle-level Tanhā to resolve with concentration, and high-level Tanhā to resolve with Vipassna meditation (insight).

Kāmmachanda contained in your keywords, you should mention the violation of the 3rd precept, corrected by keeping the precepts and restraining the senses, Solving Kāmma desires is the use of medium concentration, the most rude of Kāmma(sensual pleasures) is Kammānusaya. The solution is to use Vipassana meditation.

You should sort the story according to the steps such as 1. What is Kāmma? 2. Causes of Kāmma? 3. How to get rid of Kāmma? 4. Conclusion.

If you are referring to the *Aggañña Sutta*, You should only refer to Kāmma stories. Other matters are unrelated. You shouldn't copy the whole *Sutta*.

I advise you to go to the Methuna Sanyok 7, Tripitaka, vol. 23, Section 7, Anguttara Nikaya. to explain reference and The *Samyutta Nikaya* , Volume 15, which deals with the matter of passion leading people to be born in other worlds.