

Review of: "The Consumption of Iceberg Lettuce May Reduce The Adhesion of Dietary Fat to The Mucus Surface of The Stomach Barrier Lining Decreasing The Risk of Triggering Acute Gastroesophageal Reflux"

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Potential competing interests: No potential competing interests to declare.

The research work by **Thomas J. Hurr** provides novel and interesting data. The manuscript is well-written, and the data is presented in an appropriate way. The author reported the potential of iceberg lettuce leaves in reducing gastroesophageal reflux using the invitro approach. The research work is interesting; however, it needs a deeper and well-designed follow-up with *in vivo* experiments to understand the effect of iceberg lettuce, specifically the epicuticular waxes, on gastroesophageal flux under metabolic complications like obesity, dyslipidemia/hyperlipidemia, and the underlying mechanism.