

Review of: "An Oriental Physician's Views and Thoughts on the Global Prevalence of Lumbar Spondylosis – The traditional shoulder-carrying culture and traditional spine of a large eastern country are disappearing silently"

Stephen I. Ternyik¹

¹ Spiru Haret University

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The author reports an important medical observation, concerning the health of Oriental and Western spines, which should be given more serious attention, with respect to physical practices to maintain a healthy spine. In this sense, the article should be improved to analyze the methodical difference of applied medical cultures, in terms of a comparative study of intervention techniques; some more data and literature (references) are also needed for clarification of the research goal. It is also recommended to divide the whole text into more sections and paragraphs with subtitles, to achieve higher readability. The shared medical observation itself is an interesting intersection of medicine and society, in terms of social life-style, health practices and human cultural habits.