

[Open Peer Review on Qeios](#)

Goal conflict reduction process

Behaviour Change Intervention Ontology (BCIO)

Source

Behaviour Change Intervention Ontology (BCIO)

Definition: A that reduces negative affect resulting from goal conflict.

Comment: This class refers to any behaviour, cognitive or emotional process that has the function of reducing goal conflict, including changing goals, and cognitive restructuring to make goals seem compatible.

This definition was imported from the Behaviour Change Intervention Ontology (see <https://bciosearch.org/>). Comments and suggestions for improvements are welcome using the Qeios review system.

Definitions imported from the Behaviour Change Intervention Ontology (BCIO) are what are known as ‘ontological definitions’. See this article in Qeios for an explanation <https://www.qeios.com/read/YGIF9B>.

Ontological definitions can sometimes be hard to read. In those cases we also include an informal definition.

Definitions also often require elaboration to make it clear how they should be used and what they include. In those cases we include a comment.

Also, definitions sometimes require an explanation as to how they came about to help users understand how they relate to alternative definitions. In those cases we include a curator note.