

Review of: "Consumption of Beverage among Secondary and Intermediate Students in Riyadh Schools, Saudi Arabia: A Cross-Sectional Study"

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Potential competing interests: No potential competing interests to declare.

Dear Authors,

I have had the opportunity to review the manuscript titled "Consumption of Beverage among Secondary and Intermediate Students in Riyadh Schools, Saudi Arabia: A Cross-Sectional Study". I commend the authors for their effort and for addressing an important topic that related to the health of secondary and intermediate students in this country. In total, the manuscript shows valuable insights; however, there are some areas that require revision.

Introduction: The introduction effectively highlights the significance of the research topic and its relevance to public health in Saudi Arabia. However, it could benefit from a more detailed review of relevant literature on correlation between sugared beverage consumption and human health among adolescents, both globally and within Saudi Arabia. Materials and methods and results section is well written, easy to understand and well performed.

Discussion should be improved. It is important to more explain the type of beverages consumed in this and other areas. Health effectiveness might have when these liquids are drunk in lower level of WHO standards. It is also essential to present how you can enhance people to drink more liquids.