

# Review of: "A Policy Dialogue for Nutrition of Women and Adolescent Girls: Sustainable Development Goals Matters Arising"

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Potential competing interests: No potential competing interests to declare.

In terms of the content of the article with reference to its topic, two specific issues arise.

Adolescents per se are missing in the description in the section on how nutrition affects women which goes straight from women to pregnant adolescents wholly skipping adolescence as the second phase of accelerated growth (after early childhood), offering a second major opportunity for correcting nutritional deficiencies, as well as the specific vulnerability of adolescent girls to anemia as they enter menarche. Thus the article goes straight into policy recommendations for adolescents and women without actually describing the issues of adolescent malnutrition relevant to Rwanda at all.

With four times greater obesity than undernutrition prevalent in Rwandan women, as described in the article, it is hard to see why there is no focus on overweight and obesity as part of the nutritional agenda for action being proposed.

Apart from these specific issues, most of the content on the understanding of nutrition is general, very well established already and not contested and the article reads like general training material for people that do not know much about malnutrition. Since, apart from some data, there is nothing at all specific to Rwanda; neither any insights into challenges that are specific to context, nor to solutions are being offered to the reader. Thus, there is neither anything to quarrel with in the article, nor anything to arouse interest for people engaged in efforts to reduce malnutrition in all its forms and curious to learn from contexts different from their own. This is a major missed opportunity.

The article would benefit from minor language edits.