

Open Peer Review on Qeios

Circadian Rhythm Sleep Disorder

National Cancer Institute

Source

National Cancer Institute. <u>Circadian Rhythm Sleep Disorder</u>. NCI Thesaurus. Code C95071.

A sleep disorder characterized by persistent sleep disruption (excessive sleepiness and/or insomnia) that is due to a conflict between the individual's internal sleep-wake system and the demands of his or her environment regarding the timing and duration of sleep.

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