

# Review of: "The Integrated Metatheoretical Model of Addiction: Towards an Architectonic of a Metatheory of Addiction"

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## Definitions

### Addiction

Defined by Addiction Ontology

Addiction is an insidious, destructive, and recalcitrant problem with complex causes and low treatment success rates. "How a society views and understands [addiction](#) has great significance for addicted individuals seeking treatment. Although our explanation of addiction has become more sophisticated, there are still serious shortcomings in our understanding of it (Du Plessis, this chapter)." Du Plessis extracts the parts of Ken Wilber's Integral Theory that can organize the large corpus of addictions research using a common language in a relatively simple rubric, to better integrate all the findings and see which areas need more research.

Basic to Wilber's theory is the 4 Quadrant map representing 4 aspects of a human being, individually, in relationship, having interior subjective experience and outward behavior. It may not be clear to readers unfamiliar with Wilber that this is the same as Zones 1, 3, 5, and 7 in Fig. 2. Zones 2, 4, 6, and 8 represent the research methods used to study the 4 basic aspects of the person. The author dubbed 1, 3, 5, and 7 "lenses," but I don't think that is, strictly speaking, part of the object of study.

The *Integral Enactment Theory* and *Enactment* sections lay out the the meta-theoretical rubric for integrating disparate research methods and models. The notion of enactment is evocative and exciting, "psychactive" to some, and I hope readers will agree.

One area I would question is in the listing of research methods in each zone relative to the 4 quadrant person or object of study. In Figure 3, "*Taxonomy of etiological models of addiction...*," I'm not sure that all the research methods listed are studying etiology, as causation. Also, the "models" in the zone listings may lump research methods in with content. (For clarification, cf. Rubin, J. 2009.)<sup>[1]</sup>

This book chapter sets the stage for a metatheoretically derived multidimensional treatment protocol. I hope that will come in the near future.

## References

1. <sup>^</sup> Rubin, J.. (2009). *An Introduction to the Zones*. *An introduction to the zones: An interpretation of Integral Methodological Pluralism in association with Wilber's Excerpts*.