

Peer Review

Review of: "Nutritional Status of Women in Cameroon: Status Report Among Women in the City of Yaoundé"

Francis E. Ndip¹

1. Independent researcher

REVIEW REPORT FOR "NUTRITIONAL STATUS IN CAMEROON: STATUS REPORT AMONG WOMEN IN THE CITY OF YAOUNDE"

The authors study a very interesting topic with profound implications for health policy.

However, I have a few comments.

1. The authors need to provide better motivation for their study, especially for a study area. Highlighting metabolic changes in Africa is good, but it is still too broad. They should at least provide some trends of malnutrition in Cameroon if that of Yaounde is lacking. This will shed more light on the study and provide more context for the findings. Basic statistics and supporting literature on obesity or cardiovascular diseases from Cameroon would be good.
2. The authors should cite relevant literature to support some of their claims. For instance, they write "...when it comes to obesity, men and women are not equal with women bearing more of the burden..." but there is no literature to support this claim. Relevant literature should be cited.
3. The authors should clearly explain why they decided to focus on women above 21. Why not women above 19 or 20? They should provide a reason for their choice of 21.
4. Educational level could be an important determinant of nutritional status. Why do the authors not consider this in their analysis? What about employment status? Authors should provide a justification for why they decided to focus on age, marital status, and cultural area. If possible, they should provide supporting literature for their choice.

Declarations

Potential competing interests: No potential competing interests to declare.