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Ergocalciferol

National Cancer Institute

Source

National Cancer Institute. *Ergocalciferol*. NCI Thesaurus. Code C29029.

Vitamin D2, a fat-soluble vitamin important for many biochemical processes including the absorption and metabolism of calcium and phosphorus. In vivo, ergocalciferol is formed after sun (ultraviolet) irradiation of plant-derived ergosterol, another form of vitamin D. Ergocalciferol is the form of vitamin D usually found in vitamin supplements. (NCI04)