

# Review of: "How Competent are Health Professionals in Delivering Nutrition Education? A Cross-Sectional Study in Ebonyi State, Nigeria"

Mukta Singh Bhandari<sup>1</sup>

<sup>1</sup> Kathmandu University

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This is an interesting article. It summarizes that majority of the health workers have poor knowledge about nutrition and are not competent in providing nutrition education to patients. The study is supported by literature and clearly discusses the research question. The methodology is clear and reproducible. The results support the conclusion. Relevant statistical analysis have been performed and explained and the writing is clear. The figures and tables are clear, readable and complete.

However, some improvements could increase the clarity of the article. In the article, limitation has been explained but it mentions about exclusion of cases with chronic problems in the community, which is not clear and seems to be unrelated from the study. The methodology could have been made clear by mentioning about the sampling frame before selection. It is also not clear whether stratified sampling was done from each group of doctors, nurses, physiotherapist etc.

The authors claim in discussion that the level of competency of nutritional education is unacceptable even before nutrition education was made mandatory for all health workers. Are there any standard criteria for measuring required level of competency in nutrition education for supporting author's claim? Should all level of health workers have the same level of knowledge and competency? Rather than only focusing at health workers knowledge gap and lack of competency in educating, more focus could be made in improving the health system.