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Gynostemma pentaphyllum Supplement

National Cancer Institute

Source

National Cancer Institute. *Gynostemma pentaphyllum Supplement*. NCI Thesaurus. Code C117275.

A traditional Chinese medicine (TCM) derived from the plant *Gynostemma pentaphyllum*, an herbaceous climbing vine found in southern China and Southeast Asia, with potential antioxidant activity. *Gynostemma pentaphyllum* intake has also been used for its adaptogenic effect, to decrease cholesterol and high blood pressure, to strengthen the immune system, and to increase stamina and to improve memory.