

Review of: "[Mini Review] Role of Mango in Immune System"

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Potential competing interests: No potential competing interests to declare.

The review is a well-researched and current work that provides information on the characteristics of mango and its impact on the immune system. It is crucial to acknowledge that mangoes come in several cultivars, with each type distinguished by its distinct fragrance and flavor. The aroma and taste of mango are derived from secondary metabolites found in the fruit. These molecules also play a role in many types of immunological responses. It has become crucial to provide the comparative chemical profile of a few mango types, focusing on their primary components. Furthermore, the review offers a comprehensive understanding of the advantages of mango for the immune system, lays the groundwork for future research on immune system therapy, and recommends incorporating this fruit into dietary regimens.