

# Review of: "Positive Thinking and Laughter Therapy"

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**Potential competing interests:** No potential competing interests to declare.

## Abstract:

This should be the first sentence:

Chronic diseases are a significant public health issue globally and in Lebanon, where the economic situation exacerbates healthcare challenges. Traditional biomedical treatments, while essential, are becoming increasingly costly, highlighting the need for cost-effective, alternative therapeutic approaches. Please write the aim.

## Background:

Explore more about the mental health issues due to chronic conditions as well as the interventions that have helped people in the past. Introduce laughter therapy and positive thinking and the impact that both have on chronic illness.

## Literature review:

Laughter therapy has been introduced all of a sudden.

Positive thinking has not been introduced.

Combine background and literature review.

Please write your manuscript based on the following guidelines:

1. Introduction/Background
2. Aim/hypothesis (last paragraph of introduction).
3. Methodology (study design, sampling method, study setting, sample size, procedure)
4. Findings (analysis based on hypothesis)
5. Discussion and Conclusion
6. References