

Review of: "Who Am I Really? – Illusions and Splits in the Mirror"

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Potential competing interests: No potential competing interests to declare.

I must qualify this review by saying that I am not a psychoanalyst although I do use psychoanalytic approaches in my research. My review reflects the structure of the paper, with comments given about each section.

Introduction

I think it would be useful to have an introduction which outlines the structure of the paper as well as giving a brief summary of what it will argue. There needs to be some explanation of the purpose of this article, stating clearly what it adds to the field.

You make statements about narcissism in our era without supporting your claims. Could you add some supporting evidence to strengthen your argument?

The addition of a brief definition of Jung's 'as-if' personality would be useful as a prelude to exploring interpretations of this personality type by Solomon and Green.

Echo and Narcissus

I liked the comparison of the dialogue between Echo and Narcissus and the therapeutic process. Is this your original idea? If it is, it would be worth drawing the reader's attention to this innovative application of the myth.

Your paragraph focusing on the pain of Echo would benefit from some supporting evidence. Could you explain more about how the lack of attention to Echo reflects the negation of the feminine, the physical body and the frustrations in relationships?

'As-If' Personality

The exploration of the 'as-if' personality, using a range of sources, helps the reader understand narcissism in the current era of social media. Some additional supporting evidence would further strengthen your argument in this section.

Jungian Analytical Example

This case study of Tahira is a useful exemplification of Jungian analysis but needs to be explained. Additional information on the case and your relationship to the case is needed. Is she a client or is this example from elsewhere? How did you collect the data from her? How did you observe ethics? Did she give permission to use her words? A small methodological

section would clarify these questions and strengthen the paper.

Some conclusions

You conclude the paper with some hope that people with the 'as if' personality can change. A return to the Echo and Narcissus myth would be useful here, to add cohesion to the paper.