

Review of: "Reducing the Risk of Developing Mental Health Issues through Effective Crisis Management"

Mohammed R. Nageeb1

1 Umm Al-Qura University

Potential competing interests: No potential competing interests to declare.

Resiliency must be stressed in order to empower communities that are facing (or will face) calamities in the near or far future. A community has the ability to self-replicate networks and practices of care that can build its resilience, which is common to see in the mutual efforts of aids which come to the fore during disasters. Available research shows that in order to effectively develop a mental health plan before and during disasters, collaborations need to be formed on community demographic bases. It should consist of different stakeholders that promote decision-making and mental health advocacy, including nonprofit organizations, medical care providers, government health department staff, and most importantly, neighborhood leaders because they understand the specific needs of the neighborhood residents. For example, some individuals may have specific language and cultural needs, and communication barriers have been proven to greatly increase stress at catastrophic times. And so, this approach could ensure that culturally and linguistically diverse populations aren't overlooked or misunderstood, and receive the appropriate support they need. I disagree with the reviewer who says the paper is too short for publication; this paper just has a different writing style, it is more journalistic, but it does not take away from the content. I would recommend a read-proof for the paper. Congratulations to the authors on this very important topic!

Qeios ID: ZZH52T · https://doi.org/10.32388/ZZH52T